**Tip of the Day**

<table>
<thead>
<tr>
<th>Tips for Teens</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Throwback Thursday</th>
<th>Fun Friday</th>
<th>Parent CONNECT Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday</td>
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<td><strong>SEPTEMBER 2021</strong></td>
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**1** Stay on track all month long with the tips of the day calendar.

**2** Be a NetSmartz Kid and UYN!

**3** Meet the NetSmartz Into the Cloud Characters.

**4** Cyberbullying*

**5** Be mindful of choices that can affect you on and offline.

**6** When dealing with cyberbullying and negativity, don’t respond.

**7** Be careful what you post online, leave a digital footprint you can be proud of.

**8** If you see cyberbullying happen, take action and be an upstander.

**9** Check first with the adult in charge before going anywhere with anyone.

**10** Get creative, draw pics of your trusted adults.

**11** Talking to Teens about Sexting*

**12** You can refuse any inappropriate request.

**13** Use caution, information online is not always true.

**14** Tell a trusted adult if you see something online that makes you feel sad, scared, or confused.

**15** It’s OK to tell if anyone crosses a boundary online or in-person.

**16** Check with a trusted adult before downloading new apps.

**17** Help the NetSmartz Kids clean up the “cloud”.

**18** Gaming & Live Streaming*

**19** Report any inappropriate requests to a trusted adult or to Report.Cybertip.org

**20** Not everyone online is who they say they are.

**21** Nothing done online is completely private.

**22** You are not alone; trusted adults are there to help if you have a problem.

**23** Trusted adults are grown-ups who will listen and help.

**24** Check out Exploring the Cloud, an interactive activity.

**25** My Child Was Victimized, How Can I Help?

**26** It’s never too late to ask for help.

**27** Reporting inappropriate behavior makes the Internet safer and more fun.

**28** Use privacy settings on games and apps.

**29** The internet is a great tool, and used by most for good.

**30** Congratulations! You’ve completed Miles for Hope. Tune into Hope Live tonight at 8:00 pm ET to celebrate.

**MILES FOR HOPE**

For more prevention resources, visit MissingKids.org/NetSmartz

* Must create a login with the NCMEC CONNECT training platform to access, then select “REGISTER” to view this title within the Parent CONNECT series.